


# Psychologically Healthy Workplace Collaborative

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## ABOUT PHWC

- **Mission:** to enhance and ensure the health, productivity and sustainability of Canadian workers and workplaces
- **Members:** psychologists, business leaders, academics and informed professionals volunteering their time and expertise
- **Affiliated with:** British Columbia Psychological Association- [www.psychologists.bc.ca](http://www.psychologists.bc.ca)




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## ABOUT PHWA

- **Founded by the American Psychological Association-**
  - Brought to Canada in 2004- BC first province to offer the award
  - Next award date- June 2007 Vancouver, B.C.
- **Purpose-** to recognize organizations that make a commitment to the workplace well-being and creating a psychologically healthy work environments.
  - Employee involvement
  - Employee recognition
  - Work-family-life balance
  - Employee growth and development
  - Health and safety




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### What Is A Psychologically Healthy Workplace?

- A psychologically healthy workplace has a culture that supports everyone to work together guided by values of respect, growth and integrity.
- It requires strong accountability across the organization to intentionally engage in positive working relationships based on open communication and proven practices and policies that promote both productivity and well-being.

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### Criteria For A Psychologically Healthy Workplace

- ❖ Employee Involvement
- ❖ Work-Family-life Balance
- ❖ Employee Recognition
- ❖ Employee Growth and Development
- ❖ Health and Safety

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